

AN OUTLINE FOR SMALL-GROUP USE OF DISCIPLINES

Here is a simple plan for a one-hour, weekly group meeting based on reading *Disciplines*. One person may act as convener every week, or the role can rotate among group members. You may want to light a white Christ candle each week to signal the beginning of your time together.

OPENING

Convener: Let us come into the presence of God.

Others: Lord Jesus Christ, thank you for being with us. Let us hear your word to us as we speak to one another.

SCRIPTURE

Convener reads the scripture suggested for that day in *Disciplines*. After a one- or two-minute silence, convener asks: What did you hear God saying to you in this passage? What response does this call for? (Group members respond in turn or as led.)

REFLECTION

- What scripture passage(s) and meditation(s) from this week was (were) particularly meaningful for you? Why? (Group members respond in turn or as led.)
- What actions were you nudged to take in response to the week's meditations? (Group members respond in turn or as led.)
- Where were you challenged in your discipleship this week? How did you respond to the challenge? (Group members respond in turn or as led.)

PRAYING TOGETHER

Convener says: Based on today's discussion, what people and situations do you want us to pray for now and in the coming week? Convener or other volunteer then prays about the concerns named.

DEPARTING

Convener says: Let us go in peace to serve God and our neighbors in all that we do.

Adapted from *The Upper Room* daily devotional guide, January–February 2001. © 2000 The Upper Room. Used by permission.